

Bread And Butter

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This year's Conference of Therapists and Analysts set itself a very tricky goal of simultaneous pairs

therapy for twelve local twosomes. Staff dubbed it the "Bread and Butter" challenge, after the old myth about saying "bread and butter" if partners out walking are separated by an obstacle.

In order to avoid the "bad luck" of pairs crossing, they set up a series of **straight barriers** running

between pairs, to isolate each pair in their own space.

The diagram below shows the location of each individual and the barrier endpoints. Each endpoint was used at least once.

Once the barriers were in place, they helped the therapists work out the **differences**. They then **scrambled** to reveal a more "constructive" activity for the duos... which this publication declines to cover.

